



SUMMER YOGA CAMPS

REGISTER @ [TINYBLOOMSYOGA.COM](https://tinybloomsyoga.com)

Nutrition
+
Yoga

June 18th-20th 11:30 AM - 4:00 PM

\$145/camper

The morning includes nutritional activities on food choices and education. Children will need to pack a lunch. After lunch the yoga portion will begin, and include mindfulness, journaling, and yoga poses. Games, crafts, and all around fun included!

Flying
Yogis

June 25th-27th 1:00 PM - 4:00 PM

\$100/camper

Only 3 spots left!!

Camp will focus on balancing poses, incorporating yoga props and the wall to support safe yet challenging poses, taking their asana practice to a more intermediate level.

Art
+
Yoga

July 9th-11th 11:30 AM - 4:00 PM

\$145/camper

Camp includes Art Lesson, lunch outside picnic (weather permitting), Creative journaling, and yoga. Please provide a packed lunch each day for your child.

Random
Acts of
Kindness

July 23rd-25th 1:00 PM - 4:00 PM

\$100/camper

Camp will focus on a different yoga seva or act of service each day. In addition to learning yoga poses, children will complete an activity for charity each day of camp.



CONTACT
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